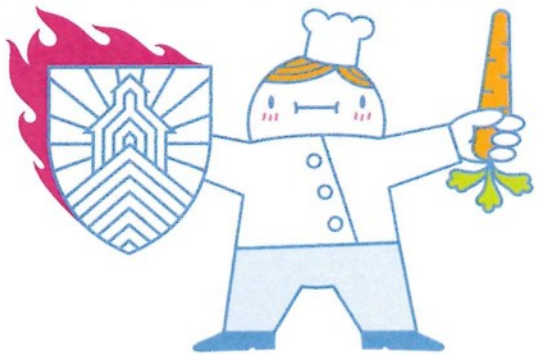
WHAT'S FOR LUNCH?

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Pasta with fresh tomato sauce and basil **GLUTEN**	Mexican chicken	Mac and cheese **GLUTEN, DAIRY**	Deconstructed shepherd's pie	Panko breaded coley fish **FISH, GLUTEN, EGGS**
MAIN (OPTION 2)		Steamed rice with seasonal vegetables and beans		Vegetarian deconstructed shepherd's pie	Chef's vegetarian option
SIDES Where main includes, portion will be offered as optional extra	Butter beans salad Homemade focaccia **GLUTEN**	Coleslaw **DAIRY, EGGS** Steamed rice	Green salad Homemade garlic bread	Mix salad	Skin on chips
VEGETABLES	Garlic roasted broccoli	Roasted mix peppers	Oven baked carrots and sweet potatoes	Garlic roasted cauliflowers and celeriac	Slow cooked mushy peas
EXTRAS	Greek Yoghurt with Honey & Fresh Seasonal Fruit Available Daily **Tuesday** – Homemade tiramisu **EGGS, DAIRY & GLUTEN** **Thursday** – Upside down pineapple cake **EGGS & GLUTEN**				



Wherever possible, all food is homemade on site from local, British ingredients