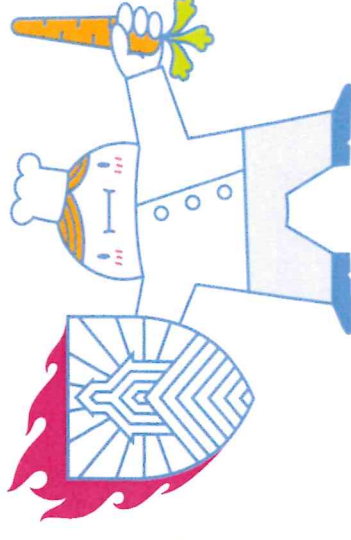


WHAT'S FOR LUNCH?

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Sicilian pasta alla norma (fresh tomato sauce and aubergines) GLUTEN	Mexican chicken	Beef cheeseburger GLUTEN, DAIRY, EGGS	Traditional shepherd's pie	Super fish Orecchiette pasta FISH, GLUTEN
MAIN (OPTION 2)		Steamed rice with seasonal vegetables and beans	Vegetarian cheeseburger GLUTEN, DAIRY, EGGS	Vegetarian shepherd's pie	Chef's vegetarian option
SIDES Where main includes, portion will be offered as optional extra	Cucumbers and tomato salad Homemade Focaccia	Coleslaw DAIRY & EGGS Steamed rice	Green salad	Mix salad	Carrots and radicchio salad
VEGETABLES	Garlic roasted broccoli	Roasted mix peppers	Roasted potatoes	Roasted French beans and cauliflowers	Garlic roasted cabbage and butter beans
EXTRAS	Greek Yoghurt with Honey & Fresh Seasonal Fruit Available Daily Tuesday – Apple crumble with homemade custard EGGS, DAIRY & GLUTEN Thursday – Upside down pineapple cake EGGS & GLUTEN				



Wherever possible, all food is homemade on site from local, British ingredients

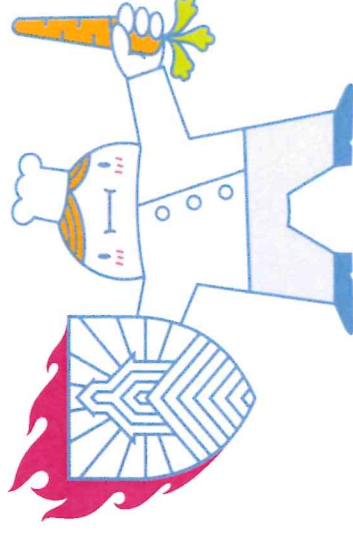
WHAT'S FOR LUNCH?

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Pasta bake with tomato and bechamel sauce DAIRY	Halal chicken sausages and homemade gravy	Spaghetti with beef bolognese ragu'	Thursday roast and gravy	Panko breaded coley fish FISH, GLUTEN, EGGS
MAIN (OPTION 2)		Vegetarian sausages	Spaghetti with vegetarian Bolognese ragu'	Cheese and spinach piadina DAIRY, GLUTEN	Chef's vegetarian option
SIDES	Roasted kale and white cabbage Homemade focaccia	Coleslaw DAIRY & EGGS Mashed potatoes	Mixed salad	Mixed salad Yorkshire pudding GLUTEN & EGGS	Skin on chips
VEGETABLES	Cucumber, carrot and tomato salad	Steamed green peas	Roasted Rainbow carrots	Roasted Potato wedges and Carrots	Slow cooked mushy peas

EXTRAS

Greek Yogurt & Fresh Seasonal Fruits available daily
Tuesday – Strawberry cheesecake **DAIRY & GLUTEN**
Thursday – Chocolate cake with custard **EGGS, DAIRY & GLUTEN**



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