Spinach and feta frittata

Steamed broccoli

Roasted minted courgettes

Thursday roast and gravy

Bulgur rice with vegetarian Bolognese sauce

GLUTEN

Chicken casserole, potatoes and veggies

Green salad

Mix salad

Focaccia

**GLUTEN**

Mixed salad

Thursday vegetarian quiche

**GLUTEN**, **DAIRY**

Super fish pasta

FISH

WEEK 2

Greek Yogurt, Homemade custard &

Fresh Seasonal Fruits available daily

**Tuesday** – Chocolate brownie

**Thursday** - Apple crumble

DAIRY & GLUTEN

Mix salad

Braised savoy cabbage

Baked vegetarian pie

Chef’s vegetarian option

Green salad

Focaccia

**GLUTEN**

Sweet potatoes dophinoise

**MILK**

Roasted Potato wedges, Carrots and Parsnips

Wherever possible, all food is homemade on site from local, British ingredients